

2025 Contributions Limits Table

Age	401(k) only	401(k)with Profit Sharing	Cash Balance	Total
70	\$31,000	\$77,500	\$432,000	\$509,500
69	\$31,000	\$77,500	\$410,000	\$487,500
68	\$31,000	\$77,500	\$390,000	\$467,500
67	\$31,000	\$77,500	\$371,000	\$448,500
66	\$31,000	\$77,500	\$353,000	\$430,500
65	\$31,000	\$77,500	\$336,000	\$413,500
64	\$31,000	\$77,500	\$344,000	\$421,500
63	\$34,750	\$77,500	\$351,000	\$428,500
62	\$34,750	\$77,500	\$358,000	\$435,500
61	\$34,750	\$77,500	\$341,000	\$428,500
60	\$34,750	\$77,500	\$324,000	\$401,500
59	\$31,000	\$77,500	\$308,000	\$385,500
58	\$31,000	\$77,500	\$293,000	\$370,500
57	\$31,000	\$77,500	\$279,000	\$356,500
56	\$31,000	\$77,500	\$265,000	\$342,500
55	\$31,000	\$77,500	\$253,000	\$330,500
54	\$31,000	\$77,500	\$240,000	\$317,500
53	\$31,000	\$77,500	\$229,000	\$306,500
52	\$31,000	\$77,500	\$217,000	\$294,500
51	\$31,000	\$77,500	\$207,000	\$284,500

*401(k): \$23,500; \$7,500 catch-up; \$31,000 age 50+; \$34,750 age 60-63

2025 Contributions Limits Table Cont'd

Age	401(k) only	401(k)with Profit Sharing	Cash Balance	Total
50	\$31,000	\$77,500	\$197,000	\$274,500
49	\$23,500	\$70,000	\$187,000	\$257,000
48	\$23,500	\$70,000	\$178,000	\$248,000
47	\$23,500	\$70,000	\$169,000	\$239,000
46	\$23,500	\$70,000	\$161,000	\$231,000
45	\$23,500	\$70,000	\$153,000	\$223,000
44	\$23,500	\$70,000	\$146,000	\$216,000
43	\$23,500	\$70,000	\$139,000	\$209,000
42	\$23,500	\$70,000	\$132,000	\$202,000
41	\$23,500	\$70,000	\$126,000	\$196,000
40	\$23,500	\$70,000	\$120,000	\$250,000
39	\$23,500	\$70,000	\$114,000	\$184,000
38	\$23,500	\$70,000	\$108,000	\$178,000
37	\$23,500	\$70,000	\$103,000	\$173,000
36	\$23,500	\$70,000	\$98,000	\$168,000
35	\$23,500	\$70,000	\$93,000	\$163,000
34	\$23,500	\$70,000	\$85,000	\$155,000
33	\$23,500	\$70,000	\$83,000	\$153,000
32	\$23,500	\$70,000	\$79,000	\$149,000
31	\$23,500	\$70,000	\$76,000	\$146,000

*401(k): \$23,500; \$7,500 catch-up; \$31,000 age 50+; \$34,750 age 60-63